Suggested Menu Choices for Sands By The Sea Takeaway

If a customer has an allergy to any of the below you can suggest the following menu choices as an alternative...

GLUTEN

- Chips
- Cheese
- Beans
- Mushy Peas
- Fish Fingers
- Fish Cakes
- Cod (on request)
- Haddock (on request)

EGGS

- Cod
- Haddock
- Chips
- Chicken goujons
- Sausage
- Battered sausage
- Savaloy
- Fish fingers
- Scampi
- Cheesy chips
- Curry sauce
- Gravy
- Beans
- Mushy Peas

DAIRY

- Cod
- Haddock
- Chips
- Sausage
- Battered sausage
- Savaloy
- Fish fingers
- Scampi
 Chicken Goujons
- Curry sauce
- Gravy
- Beans
- Mushy peas
- Peas

NUTS AND PEANUTS

Our menu choices don't contain nuts but we can't guarantee they don't contain traces

Due to some of our products being cooked in the same oil we cannot always guarantee that these will not be free from the following allergens: gluten, eggs, milk, molluscs, sulphur dioxide, crustaceans, fish, soya, mustard. We do use vegetable oil. Speak to a member of staff if you require more information

Suggested Menu Choices for Sands By The Sea

If a customer has an allergy to any of the below you can suggest the following menu choices as an alternative...

GLUTEN

Light Bites

- Smoked haddock, mozzarella and spring onion cakes
- Loaded chips

Main

- Cod and chips (on request)
- Haddock and chips (on request)
- Jacket potato beans
- Jacket potato cheese
- Jacket potato three bean chilli
- Jacket potato tuna mayo
- Salmon

EGGS

Light Bites

- Smoked haddock, mozzarella and spring onion cakes
- Loaded chips
- Sweet chill chicken sandwich
- Chicken Goujons

Main

- Cod and chips
- Haddock and chips
- Battered sausage and chips
- Scampi and chips
- Vegan sausage and chips
- Vegan Burger and chips
- Salmon

DAIRY

Light bites

- Onion rings
- Chicken Goujons

Main

- Cod and chips
- Haddock and chips
- Battered sausage and chips
- Scampi and chips
- Vegan sausage and chips
- Vegan burger
- Jacket potato beans
- Jacket potato three bean chilli
- Salmon

NUTS AND PEANUTS

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GLUTEN

Children's

Fish finger Meal

Deserts

- Ice cream sundae
- Knickerbocker glory

Afternoon tea (on Request)

EGGS

Mains Continued

- Jacket potato cheese
- Jacket potato beans
- Jacket potato three bean chilli
- Vegan burger

Children's

- Fish Finger Meal
- Sausage Meal
- Battered Sausage Meal
- Savaloy Meal
- Chicken Goujons Meal
- Scampi Meal

Deserts

- Ice cream sundae
- Knickerbocker glory

Extras

Onion rings

Afternoon tea (on Request)

DAIRY

Children's

- Fish Finger Meal
- Sausage Meal
- Battered Sausage Meal
- Savaloy Meal
- Scampi Meal
- Chicken goujons and chips

Afternoon tea (on Request)

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